

Herb Insight

ALOE VERA EXTRACT

Volume No. 146

Scientific Name: Aloe barbadensis

miller

Kingdom: Plantae

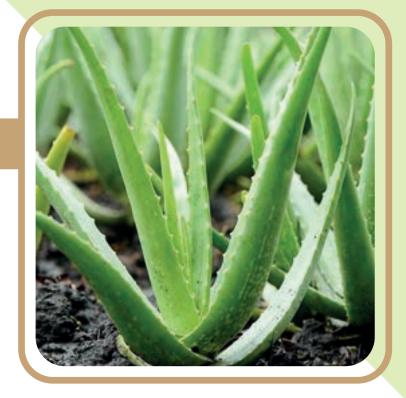
Order: Asparagales

Genus: Aloe

Species: A. vera

Family: Asphodelaceae

Part of plant used: Leaves



Synonyms:

Aloe barbadensis

Uses:

Soothes burns and heals wounds, eases intestinal problems, reduces arthritic swelling, heals psoriasis lesions, gum infections, eye irritations and injuries, strains and sprains, lung congestion, rashes and allergic reactions on the skin

Phytochemicals:

Anthraquinones, flavonoids, tannins, sterols, alkaloids, and volatile oils, aloin

LITERATURE AND PROPERTIES

- Aloe vera, a succulent perennial and drought resisting plant, is well known for its therapeutic potential.
- Aloe Vera contains 75 potentially active constituents: vitamins, enzymes, minerals, sugars, lignin, saponins, salicylic acids and amino acids.
- Aloe Vera is used for treating skin, hair, and digestive disorders. Also, it signifies
 youthful energy and femininity and supports the female reproductive system.
 With its rejuvenating and anti-inflammatory properties.



Beauty & Cosmetics

The gel from the leaves of Aloe Vera is a common ingredient in many beauty products as it hydrates and soothes hair and skin.



Food & Drink

The gel from the leaves of Aloe Vera is consumed as a juice or tonic that helps aid digestion.



Health

The Aloe Vera gel has been used traditionally on the skin to treat psoriasis, burns, and sores caused by the Herpes simplex virus. The green outer layer of Aloe vera leaves secrete a bitter, yellow fluid that has traditionally been used as a laxative.



Antioxidant & Antibacterial Properties

Aloe Vera is known for its antibacterial, antiviral, and antiseptic properties. It helps to heal wounds and treat skin problems





Promotes Wound Healing

Aloe Vera shows effective wound healing properties, increases blood circulation to the affected area. It has been widely used to treat burns, cuts, insect bites and eczema.



Reduces Dental Plaque

Tooth decay and diseases of the gum are very common health problems. One of the best ways to prevent these conditions is to reduce the build-up of plaque, or bacterial biofilms, on the teeth.



Helps treat Canker Sores

Many people experience mouth ulcers, or canker sores, aloe vera gel not only accelerated the healing of mouth ulcers, it also reduced the pain associated with them.



May Improve Skin & Prevent Wrinkles

Aloe vera gel can slow aging of the skin, also helps the skin to retain moisture and improve skin integrity, which could benefit dry skin conditions.



Good for our Digestive System

Aloe Vera is a boon for our digestive system. It helps in cleaning our digestive system. It also helps in the movement of bowels, preventing constipation., Anti-inflammatory properties of aloe vera help in the treatment of Irritable Bowel Syndrome (IBS)



Helps our Body to Detox

Drinking aloe vera juice, empty stomach helps in removing toxins from our body. It also cleans our digestive system. Thus, aloe vera helps in naturally detoxifying our body

EUCALYPTUS OIL

Botanical Name:

Eucalyptus Globulus

Part of the Plant Used:

Leaves

Active Content:

Eucalyptol 60 - 99%

Colour:

Clear colorless to faint yellow colored liquid

Shelf Life:

3 years

Eucalyptus Essential Oil is a purifying, cleansing, clarifying, and immune-boosting oil that is ideal for use on skin and in aromatherapy. It is known for its ability to reduce or eliminate harmful surface and airborne bacteria, and infections upon contact.

LITERATURE AND PROPERTIES

Eucalyptus oil is the generic name for distilled oil from the leaf of Eucalyptus, a genus of the plant family Myrtaceae native to Australia and cultivated worldwide. Eucalyptus oil has a history of wide application, as a pharmaceutical, antiseptic, repellent, flavouring, fragrance and industrial uses. Eucalypts have been grown in plantations in many other countries because they are fast growing and have valuable timber, or can be used for pulpwood, for honey production or essential oils.

BENEFITS

Anti-inflammatory

Antispasmodic

Antioxidant

Antiseptic

Decongestant





USES



Relieves Stuffy Nose

The most effective way to relieve stuffy nose is steam inhalation with eucalyptus oil. This oil reacts with the mucous membrane and helps to clear the congestion. It is a popular home remedy for asthma, bronchitis, sore throat, and cold.



Eases Sore Muscle & Joint Pain

Eucalyptus oil has anti-inflammatory properties that help to ease your joint and muscle pains. This oil is also present in various analgesic ointments and is used in sprains, strains, backache, and arthritis. Mix one or two drops with a carrier oil (like coconut oil) and rub it on the sore area in a circular motion for better results.



Promotes Oral Health

Eucalyptus oil reduces dental plaques, gingivitis, and bad breath. It has natural anti-inflammatory and antibacterial properties that can help reduce bacteria in the mouth. Many kinds of toothpaste and mouthwash have eucalyptus oil as an active ingredient. Add one to two drops of it into the water, then gargle and spit out or you can simply apply one drop to your toothpaste before brushing.



Promotes Scalp Health & Clear Lice

Eucalyptus oil promotes good scalp health and reduces dandruff, scalp fungal infection, etc. It is also an excellent remedy to clear lice by combining eucalyptus oil with tea tree oil. Add one drop of eucalyptus oil to your shampoo before applying it to your hair.



Boosts Immunity

Eucalyptus oil stimulates the immune system where white blood cells are activated and fight against the existing disease.



Disinfects Wounds & Cuts

Eucalyptus oil disinfects and heals wounds and cuts and prevents infection. In diluted form, it is used to fight against inflammation and promote healing. It has antibacterial, antiviral, and antifungal properties that deal with all types of infections.



Insects & Rodents Repellent

Eucalyptus is an excellent insect and rodent repellent against mosquitoes, cockroaches, bugs, and rodents. Add 20 drops to a large bottle of water and spray around the targeted areas



Controls Blood Sugar

Eucalyptus oil is very effective to control blood sugar levels and managing diabetes.



Reduces Stress

Eucalyptus oil reduces stress and keeps mental state calm and balance. It is very useful to relieve anxiety before surgery.



Post-Surgery Pain Reliever

Eucalyptus oil reduces pain and inflammation of the affected area. People who inhaled eucalyptus oil after knee replacement surgery felt less pain. This oil also lowers blood pressure.

PRECAUTIONS

- IT IS POISONOUS, THUS CANNOT BE TAKEN BY MOUTH
 - IT IS HARMFUL FOR PREGNANT WOMEN •

EARTHY WONDERS: 0667

- Earthy Wonder is citrus aromatic fragrance for men. This fragrance is alluring combination of citrus, fruity, musky, woody, earthy, sweet, powdery, oud, floral accord.
- This fragrance begins with the top note of yuzu, slightly sweet fruity black current and plum.
- Middle notes are amalgam of sweet, green sensual jasmine and rose.
- This scent complete with oriental woody agarwood, sensual white musk, sweet earthy patchouli, powdery sweet vanilla and warm ambrosial amber.
- This fragrance is used for spray perfume.



ROYALE OUDH: 0723

- Royale Oudh is sweet aromatic fragrance for women and men.
- This fragrance is combination of citrus, sweet, tobacco, floral, herbal, fruity, amber, aromatic, musky, woody accord.
- This fragrance is beginning with fresh, sweet, juicy orange, lemon and mandarin orange.
- Heart is amalgam of sweet, airy scent of freesia, rose, black current and earthy woody patchouli.
- This scent complete with the sweet, aromatic amber, smoky tobacco, sensual musk, warm earthy cedar wood, creamy rich sandalwood.
- Royale oudh is refreshing uplifting and full of nostalgia, transporting wearer to their favourite place, with their favourite people.
- This fragrance is used for spray perfume.

TOP NOTE

Orange, Lemon, Mandarin Orange

HEART NOTE

Freesia, Rose, Patchouli, Black Current

BASE NOTE

Amber, Tobacco, Musk, Cedarwood, Sandalwood



