

# Herb Insight

### **ROSEHIP EXTRACT**

#### Volume No. 156

Scientific Name:	Rosa canina
Kingdom:	Plantae
Order:	Rosales
Family:	Rosaceae
Genus:	Rosa
Species:	Rosa canina
Part of Plant Used:	Fruit



#### Literature and Properties:

Rose hips are a perennial plant with thorny branches that give way to pink and white flowers and scarlet fruits, called 'hips'. These rose hips are the ripe ovaries or seeded fruit of roses forming on branches after the flower. Rose hips have antioxidant properties that support the heart and cardiovascular system.

Rose hips have a sweet, tart taste that can be used as a flavouring agent in many foods and drinks.

Due to very high content of vitamin C, it has wide application in beauty (Cosmetic) industry. Rose Hips are commonly used in products for the face, such as lotion and soap, and also works great in hair care products and also suitable for making cakes, fruit tower dessert, or to finish jam, jelly flavour.

Rosehips have numerous health benefits, including immune system strengthening and treatment of digestive disorders. It is high in antioxidant and anti-inflammatory compounds such as vitamin C, carotenoids, and phenolics.

#### **APPLICATIONS**

- Rosehip extract applied in pharmaceutical field.
- It can applied in cosmetic industry for skin care and beauty.
- In health care product and food industry.
- In beverages, candy, health food.

#### **USES**

Dark Spots:

Rosehip helps even out skin tone and reduces the appearance of dark spots.

#### Anti-acne:

Three key vitamins A, C and E helps with acne prevention and reduction by increasing skin cell turnover.

#### **Moisturizes Skin:**

As it is rich in Vitamin C, it adds hydration to skin.



#### Anti-ageing:

Anti-inflammatory fatty acids and vitamins A and C in rosehip treat signs of aging, help with pigmentation, hydrate skin and repair damaged skin.



#### Firm Skin:

Rosehip extract may help your skin regain elasticity.

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#### **Brightens Skin:**

The astringent properties in rosehip extract help tighten your pores and brighten your skin.



#### Natural Exfoliator:

Rosehip extract can work as a natural exfoliator when combined with baking soda.



#### **Reduces Arthritis Pain**

Rosehip extract contains polyphenols and anthocyanins, which are believed to ease joint inflammation and prevent joint damage.



#### Anti-obesity

Rose hips have been studied as a potential fat loss aid.

#### **BENEFITS**

- Boosts immunity
- Reduces wrinkles
- Reduces hyperpigmentation
- Treating mild to moderate acne
- Boost collagen formation
- Reduces inflammation
- Have hepatoprotective, nephroprotective and cardioprotective properties.
- Anti-inflammatory properties helps with arthritis.



## **ROSEWOOD ESSENTIAL OIL:**

<b>Botanical Name:</b>	Dalbergia Latifolia
Part of Plant Used:	Wood
Aroma:	Rosy, Sweet, Floral, Woody and Warm
Colour:	Clear colourless to yellow coloured liquid
Active Content:	Linalool NLT – 80%
Shelf Life:	3 years



#### Literature:

Rosewood Essential Oil is extracted from the sweet-smelling wood of Dalbergia Latifolia, through the process of Steam Distillation. It is native the Tropical Rain Forest of South America and belongs to the Lauraceae family of Plantae kingdom. It is renowned for its numerous health benefits and versatile uses. It has antiseptic, aphrodisiac, anti-depressant, analgesic, deodorant, bactericidal, insecticide, cephalic, and stimulant properties. This oil is commonly known in its aroma therapeutic benefits. The oil is colourless or pale yellow coloured.

Rosewood Essential Oil has a rosy, woody, sweet and floral aroma which refreshes mind and creates a relaxed environment. It is popular in Aromatherapy to treat Anxiety and Depression. It is used in Diffusers for purifying body, to uplift mood and promote positivity. Rosewood Essential Oil is a natural antiseptic and has rejuvenating properties, it is an excellent anti-ageing agent thus very popular in skin care industry for treating acne breakouts, calming skin and reducing effects of ageing, has anti-infective which is used in making anti-infection creams and treatment. It is used in Massage therapy for reducing muscle spasms and reducing pain. Rosewood essential oil is used in Steaming oils to overcome cough, flu and treating respiratory infections. It is a natural deodorant, and also added to Perfumers as a fixative.

Therapeutically, rosewood is balancing, calming, up-lifting and toning.



#### **BENEFITS**



#### Supports Skin Health:

With its potent antiseptic and antibacterial properties, rosewood essential oil is beneficial for maintaining healthy skin. It can reduce acne, blemishes, wrinkles. It has Anti-aging properties. It has moisturizing effect and can improve healing of wounds.



#### **Prevents Infections**

It is an excellent anti-bacterial, anti-viral and anti-septic agent, thus can acts against rashes, boils and allergies like Eczema and Psoriasis.



#### **Faster Healing**

It is used in first aid ointment to heal wounds and the repairs the damages.



#### **Promotes Relaxation and Enhances Mood**

It is used in aromatherapy to elevate the mood and reduce the tension.



#### Analgesic

It has been used to treat body pain and muscle aches for its anti-inflammatory and pain-subsidising properties. It is used as a Anti pain in arthritis.



#### Improved Cognitive Performance

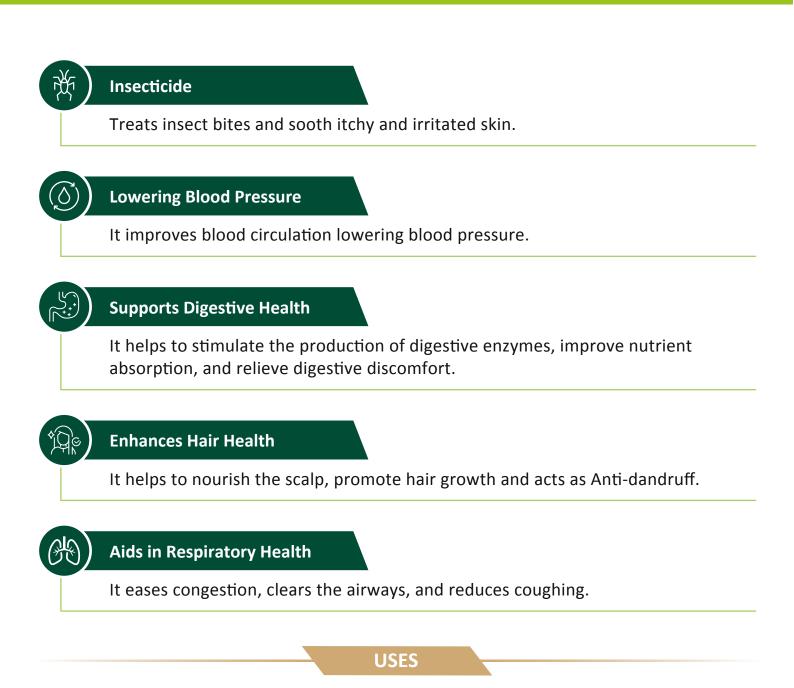
It promotes memory power and helps with dealing overwhelming emotions.



#### **Natural Deodorant**

Its pleasant smell is used in Aromatherapy to relax body and mind. It is also added to scented candles and used in perfumery making as well.





- Skin Care Products: It is used I Anti-ageing, Anti acne and Anti scare creams.
- Infection Treatment: It is used in making antiseptic creams and gels to treat.
- Scented Candles: Its sweet, woody and rosy aroma gives candles a unique and calming scent.
- Aromatherapy: It is used in aroma diffusers to treat Stress, Anxiety and Depression.
- **Soap Making:** It has anti-bacterial and anti-septic qualities so it is used in making soaps and hand wash, shower gels, body washes.
- **Massage Therapy:** It is used in massage therapy to improve blood flow, and reduce body pain.
- **Insecticide:** It is used as a natural insecticide that repels mosquitoes and bugs and can be added to bug repellent sprays and creams.

# **REFRESHING BUBBLE-1214**

- Refreshing bubble-1214 fragrance is specially developed for shower gel. This refreshing blend invigorate your morning routine.
- This fragrance is amalgam of citrus, green, sweet, fruity, floral, powdery, musky, ambary & woody note.
- This fragrance opens up with the captivating burst of sparkling lemon and sweet, harmonious black current.
- Heart reveals an enchanting bouquet of lush jasmine, delicate sensual roses, powdery & romantic violet and sweet, juicy prunes with the hint of green note.
- This fragrance completes with warm, elegant amber, woody warm cedar wood, sweet creamy Tonka bean and sensual musk providing grounding finish leaving your skin delicately fragranced.
- This shower gel fragrance transforms your shower into refreshing escape, invigorating your senses and leaving you feeling refreshed and rejuvenated.



# LIME

- LIME-0613 is a most refreshing and revitalizing fragrance specially developed for soap.
- It is beautiful combination of green, citrus, aromatic, fresh, spicy, conifer accord.
- This fragrance opens with zesty fresh top note of Lime and Spearmint. Heart note of cucumber and melon and base note of pine, Petitgrain and Thyme.
- During use, lime aroma has a very refreshing that is tart, airy, zesty which provide long lasting freshness and keep you rejuvenated for entire day.
- Post use it fills the bathroom with its fresh and calming aroma also leaves behind trail of its aroma on the body.
- LIME-0613 is perfect fragrance for creating soap and shower gel.

Recommended Doses: Soap: 1-1.2% Shower gel: 0.6-0.8%.





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